

## REGION OF MURCIA

1947 invitations sent  
1318 participants agreed to participate  
(Response rate: 68%)

## EXTREMADURA

2523 invitations sent  
1572 participants agreed to participate  
(Response rate: 62%)

3353 participants  
(100%)

2890 participants  
(86%)

463 participants were excluded  
for lack of information about:

- PA (n = 60)
- Breakfast status (n = 79)
- BMI (n = 324)

(16%)